



# Is someone trying to pressure, threaten or blackmail you online?

This could be financially motivated sexual extortion, or 'sextortion'.  
**It's not your fault and there is help and support available.**



## What to do

**Don't pay, stop contact and block.** Sending the offender money does not guarantee that they will stop their threats. It could lead to them asking for more money and the blackmail continuing.

If you have sent them money already, stay calm but don't pay anything more.

Stop all communication with the offender and block them on any accounts they have used to contact you.

**Avoid deleting anything** that could be used as evidence such as messages, images, offender profile details, voucher codes and bank account details.



**Report it** to police by phoning 101 or calling 999 if you or anyone else is in immediate risk of harm. Under 18 year olds can also report to the CEOP Safety Centre.

Scan to visit **CEOP Safety Centre** or go to [www.ceop.police.uk](http://www.ceop.police.uk)

## If your image has been shared

**Report any images or videos that have been shared. If your image or video has been shared without your consent and you are under 18, help get them removed by taking these 3 steps:**



**1. Use Report Remove**, a tool from Childline and the Internet Watch Foundation. You can use this to remove images of you that have been shared or might be shared online.

Scan to visit Report Remove or go to [www.childline.org.uk/remove](http://www.childline.org.uk/remove)



**2. Use Take It Down**, a tool from the National Center for Missing and Exploited Children. You can use this to remove or stop the online sharing of images or videos.

Scan to visit Take It Down or go to [takeitdown.ncmec.org](http://takeitdown.ncmec.org)

**3. Block and report the accounts used by the offender directly to the platform or app.**

For advice on how to report to major social media platforms, visit [www.internetmatters.org.uk](http://www.internetmatters.org.uk)

## Need to talk?

You can talk to Childline about anything. Online, on the phone, any time.  
Phone 0800 1111 or visit [www.childline.org.uk](http://www.childline.org.uk)