



Safer
Internet
Day

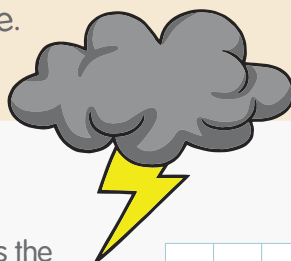
6 February 2018

'Create, Connect and Share Respect: A better internet starts with you.'

Quick Activities KS2

Target audience: 7-11 year olds

Below you will find quick activities to accompany our in-depth lesson plans to support the theme of **'Create, connect and share respect: A better internet starts with you.'** All the activities promote the idea of supporting one another and showing respect to one another online.



Thunderstorm

A facilitator (this could be an adult or child) leads the activity. The idea is to create a thunderstorm sound by all working together – explain that each sound represents a kind deed or comment online. The facilitator walks round the circle conducting the storm.

First the facilitator rubs their hands; as they walk past each learner, the learner should also begin to rub their hands. When the facilitator gets back to the starting point they should click their fingers; as the facilitator passes them the group should click their fingers too.

Next the facilitator claps his or her hands, then stamps his or her feet. This whole sequence is then repeated in reverse order, as the storm dies away. Draw out the idea that, if we work together to spread positivity online, we are more powerful than if we work alone.

SID TV

Watch the SID TV video for 7-11 year olds. Discuss the themes mentioned in the film about friendship and how online actions make us feel.



www.saferinternet.org.uk/sid-tv

Rounds

In a group, go around in a circle and ask learners to reflect on how their friends make them feel when they are online. These statements could be printed on slips of paper and pulled out of a hat, or you could ask them one round at a time to the whole group.

- I like it when a friend does this online...
- When I make a friend happy online I feel ...
- When I fall out with a friend online I make up by ...
- To cheer up my friends, I go online and I ...
- When I'm playing/chatting with my friends online feel...

Give some time for thinking in between hearing the statement and starting the rounds.

'Wanted' poster

Learners discuss the qualities a good friend shows online. Create a 'Wanted' poster demonstrating these. These posters could form part of a display or assembly.



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How does being online make you feel?

Using Appendix 1 ask learners to colour code the online experiences based on how they make them feel. Follow this on with a discussion about what they can do if something ever worries or upsets them online;

- Talk to an adult you trust
- Report any content you are concerned about to the networks www.saferinternet.org.uk/safety-tools
- Contact Childline on **0800 11 11** or www.childline.org.uk

See it from both sides

Learners think about 2 differing points of view (Appendix 3) and complete each sentence starter with their own ideas. If they disagree with any statements, they have to imagine why someone would think differently to how they do.

E.g. I like posting funny photos of my friends online because... / I don't like posting funny photos of my friends online because...

The last speech bubbles are left blank for learners to think of their own scenario that can be viewed in 2 different ways.

As an extension, each learner could take on one view point and you could stage a small debate. Help the group to see that other people will see things differently to how they do online, and that is okay. It's important to keep this in mind when you are online, to consider how some people will act differently to others, and to be aware of other people's feelings.

Online choices compass

Using **Appendix 4**, print off the compass points and post them up around the room. Read each dilemma below to the group and ask them to move to the point which best suits how they feel about it. Discuss their reactions to the dilemmas and methods they already use for avoiding conflict or negative situations online. Remind them of the importance of speaking to an adult if something ever does worry or upset them online.

- You receive a mean comment about your picture so you write a mean message to the person who said it.
- Someone sends you a screenshot of an embarrassing photo of a person in your class and you share it on with your other friends.
- You share a joke online but some people don't get it and they start to get angry at you.
- You join an online game and make a mistake that loses you some points. Other people in the game get annoyed so you say mean things to them.

You can add your own scenarios to target issues relevant to your group.

What would you do?

Use **Appendix 2** to talk through a couple of example scenarios with the group. e.g. your friend has had a bad day at school, then later you see them post a sad emoji face online. Encourage learners to discuss each scenario, either in pairs or small groups, and write notes on what they would do in each situation. Ask learners to consider all the points of view in their group, and think about actions that would make everyone in that scenario feel happier.

As an extension, learners can create their own scenarios and swap with another group. Each group completes the 'what would you do?' section for the new scenarios.

Share what you are doing to join the national conversation at #SID2018

Why not get involved in the social media campaign for Safer Internet Day by sharing what you are doing for the day?

Post photos and share what you are doing, adding your voice to the biggest global social media campaign about the safe and positive use of technology.

Make sure you include **#SID2018 @UK_SIC**

Any photos shared on Twitter using the above hashtag may be retweeted by the UK Safer Internet Centre to our followers and is a great way to get your school's message seen by a wide audience. Only photos sent from school/organisation Twitter accounts will be retweeted.

Important: Please ensure that you have the appropriate media consent from parents for any children appearing in the photo.



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Appendix 1

Quick activities

How does being online make you feel?

Task: Colour code the online experiences below using the colour which best reflects how they would make you feel. Discuss with others how each of the experiences would make you feel and how you could improve your online experience.

Colour code

Red = Angry **Orange = Worried**
Yellow = Happy **Green = Not affected**

Receiving comments
on your pictures
within an hour

Someone writing a
joke under your
picture

Receiving negative
comments

Reading the
comments section
under a news story

Watching a funny
video

Receiving no likes on
your picture after 20
minutes

Seeing quotes being
posted online

Seeing two people
argue over
comments

Posting something
different to what you
would normally

Seeing that you have
fewer followers than
others

Seeing someone
share online that they
are feeling sad

Posting a picture

Seeing you have a
notification on your
profile

Changing your
profile picture

Getting a message
from someone new

Having someone
unfriend or block
you

Receiving a new
friend request

Being included in a
tag on a meme



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Appendix 2

Quick activities

What would you do?

Task: Discuss each scenario in your pairs/groups and write what you would do to make the situation better.

This happens online...

Someone has written an unkind message to your friend in a group message and everyone else can see it.

Your friend has a bad day at school, then later you see them post a sad face emoji online

Everyone seems to have more followers than you, so you change your account to public

Everyone seems to be really good at a certain online game, but you can't get past level 1 and you feel annoyed

You send your friend a message but they still haven't responded even though they have been online so you get really angry

You see a photo of your friends hanging out without you

Your friend doesn't have a phone and they miss what you and your other friends talk about online

What would you do?

Appendix 3

Quick activities

See it from both sides

Task: Complete each speech bubble with your own ideas. The last pair of speech bubbles are left blank for your own 2 points of view.

I like posting funny photos of my friends online because...

I don't like posting funny photos of my friends online because...

I think it's okay to share if you're feeling sad or upset online because...

I like posting funny photos of my friends online because...

I like posting funny photos of my friends online because...

I like posting funny photos of my friends online because...

Appendix 4a

Quick activities

Online choices compass

**You can
do it**

**You
shouldn't
do it**

Appendix 4b

Quick activities

Online choices compass

**It's up to you
and no-one
can tell you
not to**

**I don't know
if it's right or
wrong**

Appendix 4c

Quick activities

Online choices compass

**As long as
you don't
get caught**

**What's the
big deal**